Metabolic Care

Integrative Medicine.
Support Beyond Treatment.

Dr. Jennifer Ron

Emergency & Integrative Medicine Physician

> *Conventional medicine. Integrative care. A whole-person perspective on the cancer journey.*

Emergency Medicine
Board-certified expertise grounded in acute, evidence-based care.

Integrative Medicine
Board-certified expertise supporting whole-person health.

Integrative Cancer Care
Evidence-informed support alongside conventional oncology treatment.

Metabolic Health
Certified training in metabolic, nutritional and lifestyle approaches.

About Dr. Ron

Dr. Jennifer Ron is board-certified in Emergency Medicine and Integrative Medicine, bringing extensive conventional medical experience to evidence-informed integrative cancer care.

She combines an acute-care foundation with integrative and metabolic health expertise to support patients through treatment, survivorship and beyond.

Areas of Focus

Integrative Cancer Care
Support through treatment and beyond.

Metabolic Health
Nutrition, metabolism and lifestyle-informed care.

Whole-Person Medicine
Physical, emotional and lifestyle factors.

Patient Education
Helping patients understand their options and care.

Supportive Therapies
Evidence-informed support alongside treatment.

Science-based care that considers both the disease and the person experiencing it.

MetabolicCare.com

Dr. Jennifer Ron

Emergency & Integrative Medicine Physician

Clinical Leadership

Integrative Cancer Care Physician
MedLogic Medicine
Provides integrative cancer care alongside conventional treatment.

Adjunct Faculty
Northwestern Osher Center
Supports education in integrative health and medicine.

Acute Care Physician
Northwestern Medicine
Provides acute care across Northwestern clinical settings.

Distinguished Training

Integrative Medicine Faculty Fellowship
Northwestern Osher Center · 2022–2023

Integrative Metabolic Practitioner
Certified · 2026

Emergency Medicine Residency
University of Illinois at Chicago

Doctor of Medicine & B.S., Biology
MD · Rush University
B.S. · Washington University in St. Louis

Board Certifications

Emergency Medicine	American Board of Emergency Medicine
Integrative Medicine	American Board of Integrative Medicine

Key Contributions

DPEP™ Creator
Creator of the David Plotkin Empowerment Program (2023), supporting patients in integrative cancer care.

Teacher of the Year, 2018
Recognized for teaching Emergency Medicine and Family Medicine residents and APPs; former Associate Professor of Emergency Medicine at Northwestern.

> *"Patients deserve care that treats the whole person, not just the diagnosis, and support that continues through treatment, survivorship and beyond."*