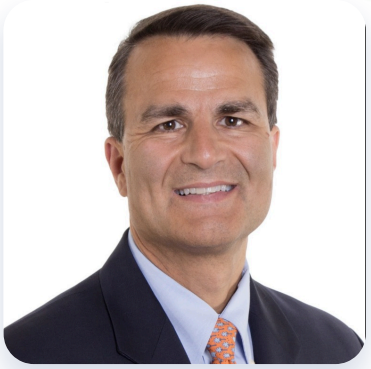
Metabolic Care

Urologic Expertise.
A Whole-Person Perspective.

Dr. Frank T. Salvatore

Urologist & Integrative Holistic Medicine Physician

> *Surgical expertise. Urologic care. A whole-person perspective on health.*



Urologic Care
Broad clinical experience across urologic care.

Minimally Invasive Surgery
Laparoscopic, percutaneous and other minimally invasive procedures.

Kidney Stone Care
Lithotripsy and surgical management of kidney stones.

Integrative Holistic Medicine
A whole-person perspective alongside conventional care.

About Dr. Salvatore

Dr. Frank Salvatore is a urologist and surgeon with experience in minimally invasive surgery, laparoscopic and percutaneous procedures, urodynamics and lithotripsy.

In 1996, he founded Skylands Urology Group and served as a founding board member of The Stone Center of New Jersey. His background in Integrative Holistic Medicine adds a whole-person perspective to his care.

Areas of Focus

Urologic Care
Evaluation and management of urologic conditions.

Minimally Invasive Surgery
Laparoscopic and percutaneous surgical procedures.

Kidney Stone Care
Lithotripsy and surgical stone management.

Integrative Holistic Medicine
Lifestyle and whole-person health considerations.

Metabolic & Lifestyle Health
A broader perspective on patient wellbeing.

Patient-focused. Science-based.
Whole-person care.

MetabolicCare.com

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Clinical Leadership

Founder

Skylands Urology Group, PA · 1996–2016

Built and led a multidisciplinary urology practice in New Jersey.

Founding Board Member

The Stone Center of New Jersey · 2003–2023

Helped establish a dedicated center for kidney stone care.

Founding Board Member

Specialty Surgical Center, Sparta, New Jersey · 2007–2015

Supported a multi-specialty outpatient surgical center.

Distinguished Training

Urology Residency, Chief Resident

Tulane University School of Medicine · 1990–1994

General Surgery Residency

Georgia Baptist Medical Center · 1988–1990

Doctor of Medicine (MD)

Georgetown University School of Medicine · 1984–1988

Professional Credentials

Integrative Holistic Medicine — American Board of Integrative Holistic Medicine · Diplomate

American College of Surgeons — Fellow · 1998–2024

Key Contributions

Surgical & Procedural Urology

Experience spanning laparoscopy, minimally invasive surgery, percutaneous procedures, urodynamics, lithotripsy and urologic laser surgery.

Practice Leadership & Research

Founder of Skylands Urology Group; published research on the management of ureteral calculi.

Precise urologic care informed by a broader whole-person perspective.