Metabolic Care

Metabolic Oncology.
Innovating Cancer Care.

Dr. Charles Meakin

Radiation Oncologist

> *Metabolic health. Cancer care. Combined to help patients live stronger, longer.*

Radiation Oncology
Caring for patients with cancer since 1989.

Metabolic Oncology
Integrating metabolic strategies into cancer care.

Clinical Leadership
Former Medical Director of Radiation Oncology.

Patient Education
Wellness coaching and lifestyle education empowering patients.

About Dr. Meakin

Dr. Charles J. Meakin is a board-certified Radiation Oncologist who has cared for patients with cancer since 1989, integrating metabolic strategies alongside conventional cancer care.

After serving for many years as Medical Director of Radiation Oncology at CaroMont Cancer Center, he founded Metabolic Care to provide accessible, whole-person care centered on nutrition, movement and metabolic health.

Areas of Focus

Metabolic Oncology
Metabolic strategies for cancer care.

Nutrition & Lifestyle
Evidence-based nutrition and lifestyle approaches.

Repurposed Medications
Evidence-informed use of existing medications.

Movement, Sleep & Balance
Improves strength, mobility and recovery.

Cancer Care Leadership
Led radiation oncology and metabolic oncology programs.

Dr. Charles Meakin

Radiation Oncologist

Clinical Leadership

Founder & Physician

Metabolic Care

Founded a metabolic oncology practice combining nutrition, movement and metabolic strategies with cancer care.

Medical Director

Care Oncology (US) · Jun 2019–Jul 2022

Led the U.S. launch of a virtual metabolic oncology program.

Medical Director of Radiation Oncology

CaroMont Cancer Center · Oct 1994–Dec 2018

Led one of the Southeast's largest radiation oncology programs.

Distinguished Training

Doctor of Medicine

University of Cincinnati College of Medicine · 1985

Radiation Oncology Residency

Stanford University Hospital · 1986–1989

Rotations at Memorial Sloan Kettering and Memorial Hospital, Long Beach.

M.S. Health Administration & M.S. Technology Entrepreneurship

Saint Mary's College · University of Notre Dame

Board Certifications

Radiation Oncology — Board-Certified

Key Contributions

Coach It Forward Chuck, Founder

Charity wellness coaching platform empowering individuals through lifestyle medicine and education.

Outpatient Cancer Center Development

Helped establish an outpatient cancer center at Santa Memorial Hospital (1991–1994).

> *"My mission is to combine practical, well-tolerated metabolic strategies with compassionate care to help patients live stronger, longer."*